



## DR. MARY P. LUPO

**WHY DID YOU BECOME A DERMATOLOGIST** I like seeing my work evolve and working with my hands

**WHAT ATTRACTED YOU TO DERMATOLOGY**

It's a visual and cerebral profession. It's the variety that keeps me energized

**WHAT FASCINATES YOU MOST ABOUT THE HUMAN BODY** The skin's ability to rejuvenate and heal

**ANTI-AGING ADVICE** Use a broad-spectrum sunblock

**ALTERNATIVE OCCUPATION** Public relations **HOBBIES** Pilates, reading and cooking

**FRAMED PHOTOS ON YOUR DESK** My entire family

## TANDEM TECHNIQUES

Accommodating a wide variety of aging concerns through her menu of nonsurgical modalities, Dr. Lupo says there are four major pillars to her approach: "**RELAXING, REFILLING, RESURFACING AND MAINTENANCE.**"

"We may begin with Botox® to ease expression lines, use fillers to replace lost volume, follow with peels and lasers to **REFRESH THE COMPLEXION**, and then send patients home with customized skin-care programs to maintain their results," she explains. With an emphasis on delivering what she refers to as "**DELUXE DERMATOLOGY**," the doctor advises her patients about their lifestyles, too, admonishing them to maintain healthy eating habits and quit smoking when necessary. "Health of the body and health of the skin work hand-in-hand," she says. "I talk to patients about their weight and diet, as well as the importance of supplements and sunblock. I see it as a partnership, working with patients to deliver **MULTI-DIMENSIONAL CARE.**"

# beyond skin deep

A Clinical Professor of Dermatology at Tulane Medical School, Dr. Mary P. Lupo is as passionate about teaching dermatology as she is about practicing it. "I've been educating residents since 1984, and I think it helps me stay on the forefront of my profession," says the board-certified, New Orleans specialist. "When you teach continually it keeps you focused on refining your techniques."

Direct and sincere, Dr. Lupo is forthright during consultations, asserting that honesty is a cornerstone of her approach and communication style. "If someone comes to me for nonsurgical rejuvenation but is better suited for a facelift in my opinion, I will advise them to see a plastic surgeon," she says. "I would rather lose a prospective patient than compromise my integrity." For patients who she feels can benefit from her services, Dr. Lupo offers an arsenal of noninvasive options to turn back time. A proponent of nonsurgical protocols to restore youth, Dr. Lupo uses fillers, Botox, topical treatments and a plethora of lasers to customize dermatologic procedures for each patient. "There is no one-size-fits all regimen that I adhere to," she says. "Modifying modalities allows me to cater to each individual, on a one-on-one basis."

With years of training, serving on advisory boards and performing clinical trials to her credit, Dr. Lupo is often called upon to share her knowledge on injection techniques. Her extensive experience with fillers and Botox has earned her a large patient following. "I want my patients to look better, not different," she says. Extremely hands-on, Dr. Lupo sees all of her patients personally for each procedure and oversees their treatment plans from start to finish, creating "personalized, custom-tailored experiences."

#### BOARD CERTIFICATION

American Board of Dermatology

#### MEDICAL DEGREE

Tulane University

#### INTERNAL MEDICINE INTERNSHIP

Ochsner Foundation Hospital

#### DERMATOLOGY RESIDENCY

Tulane University/LSU Affiliated Hospitals

#### AFFILIATIONS

American Society for Dermatologic Surgery  
American Society for Laser Medicine and Surgery  
American Academy of Dermatology  
Women's Dermatologic Society

#### PROCEDURES PERFORMED

Skin Rejuvenation  
Aesthetic Injectables (Botox and Fillers)  
Sclerotherapy (Vein Treatment)  
Fraxel™ SR Laser Resurfacing  
Facial Rejuvenation

#### LOCATION

New Orleans, Louisiana  
504.288.2381

#### WEB SITE

[www.drmarylupo.com](http://www.drmarylupo.com)

"It's not the filler, it's  
the physician administering  
the filler, that makes  
the difference"

—MARY P. LUPO, MD, FAAD